



**Maynooth
University**
National University
of Ireland Maynooth



Maynooth University Barnhall RFC

Scholarship Programme

Maynooth University and Barnhall rugby club joined forces to create a programme whereby school leavers have an opportunity to marry their enjoyment of rugby with their academic aspirations. Now known as Maynooth University Barnhall (or MU Barnhall), the club have had remarkable success in bringing players through the scholarship programme to All Ireland League Rugby.

MU Barnhall currently boasts one of the largest adult playing pools nationwide with 5 men's teams, an Under 20, disability rugby team (Buffaloes) and a talented women's team turning out in the club's traditional blue jersey weekly. The difference between a traditional University rugby club is MU Barnhall was a community club before our alliance with Maynooth University began so there is a vast mini rugby section (250+ players), youth teams at every age from U13 to U18 for boys and a thriving underage girls section now in full swing too.

MU Barnhall are currently restructuring their scholarship programme in a bid to provide players with a professional, competitive and fun under 20's environment as well as providing a pathway to All Ireland League rugby. Whilst rugby is a huge part of what we do, we endeavour to provide the player with a holistic University experience, enjoying getting the best from themselves on the rugby pitch but, crucially, academically too. There is a vibrant social aspect to both club and University with players making friends for life over the duration of their studies.

Some benefits for successful applicants;

- 100% Full medical cover – injuries, physiotherapy
- Access to a top class training facility
- Professional strength & conditioning – tailored, position specific programmes
- Professional rugby coaches
- On campus accommodation
- University bursaries for high performers
- Opportunity to play AIL and U20 rugby

- Academic grinds where required

What does the programme entail?

- 3 supervised gym sessions weekly (choice of times, dependant on academic timetables)
- Periodic recovery session – pool or massage
- Training Tuesday and Thursday evenings
- Video analysis – group
- Sign for MU Barnhall RFC and represent club to best of your ability

What kind of players are we looking for?

We are actively looking for talented rugby players who are hardworking and ambitious. The programme demands honesty as , for the most part, it will be run on a group training basis where camaraderie is a key component of what and how we do things.

If you think you have the ambition to train and get the best from yourself in an environment that will support you both on and off the pitch then please do not hesitate to contact for further details.

Applications will be online and will be open prior to Christmas and close on April 1st 2017. Applicants will be required to attend a training/screening day – date TBC.

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